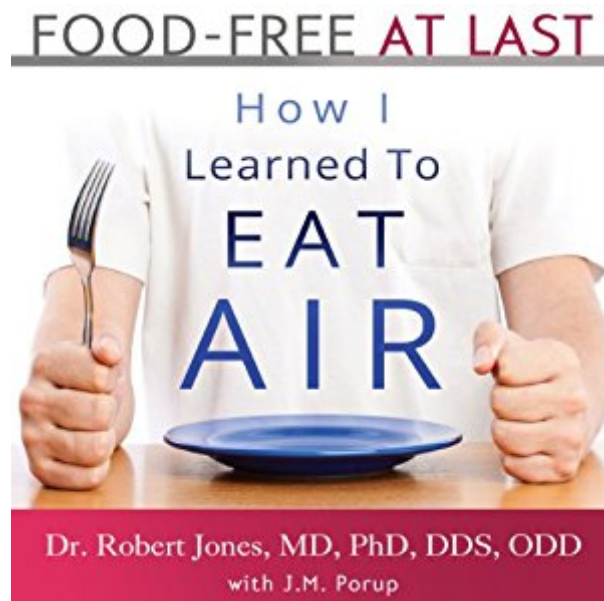




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Food-Free At Last: How I Learned To Eat Air



Synopsis

Get the Monkey Off Your Back! Food is a drug. Break the shackles of addiction and learn to eat air! In this detailed guide, Dr. Robert Jones, MD, PhD, DDS, ODD gives you the practical, step-by-step advice you need to transition to the air-only diet. Common Questions About the Air-Only Diet: Q: Eating air? Are you crazy? A: I am a medical doctor with more than forty years of clinical experience. An Obesity Epidemic is sweeping across our great nation. Eating air is the answer. Q: Isn't there a risk of malnutrition? A: Not at all! Air contains all the vitamins, minerals, electrolytes and essential amino acids your body needs. Q: A friend of mine went on the air-only diet and starved to death. Will I die too? A: Lies, lies and more lies! Propaganda spread by the agro-business special interests that run Washington. They will do anything to keep you down, in ignorance of the truth! A Million Dieters Can't be Wrong! Every day the emails pour in: "Thank you, Dr. Robert Jones, MD, PhD, DDS, ODD! Oh, thank you! I've eaten nothing but air for the last two months and I've lost eight hundred pounds! My husband says I'll make a fine skeleton! I can't wait!!!" "Damn this air is tasty." "Dear Dr. Jones, What a discovery! You make Einstein look like an ignoramus. We hereby award you the Prizes for Medicine, Chemistry and Peace." - the Nobel Committee Also in This Groundbreaking Diet Book: Lunge and Chomp - Learn the Secrets of Air-Eating Technique! The Twelve Steps to Food Freedom - Anyone Can Do It! The Hidden Menace in Our Society That Can Prevent You From Eating Air - and How We as a Nation Can Overcome It! About the Author An acclaimed pioneer in the field of Airtarianism, Dr. Robert Jones, MD, PhD, DDS, ODD has dedicated his life to freeing food-eaters from slavery to addictive caloric substances. That's why he wrote Food-Free at Last to expose the truth the agro-business special interests don't want you to know. And that's why he's running for President in 2013. It's time to put this country on a diet - the air-only diet, the only diet proven to work. It's time to cure our great nation of the Obesity Epidemic sweeping from coast to coast. It's time to end the oligarchy's influence on our political process and bring true freedom back to America. Go the Power of Air!

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Customer Reviews

I bought this book because it seemed funny. I liked the fact that all the reviews thought it was a real thing, and got all upset. That showed me that the author really took his time and did actual research. If you are an idiot, you won't get this book, and should probably go buy a book about fart jokes.

Agree totally with the reviewer who stated, "I got this for free and it was worth every penny!!". After the grapefruit diet, south beach diet and the collard greens diet - I was ready for a scientific, no-nonsense approach to the problem of literal food. The really deep science behind this is incredible, perhaps even surpassing the "science" behind the psychiatric and big pharma industries. All I can say is "Wow"! Well, type "Wow" anyway - too busy enjoying a mega gourmet air meal right now to "say" anything. This is so great, I just know that Dr. Jones had to receive stimulus money to develop it. I strongly suspect that the most brilliant people in the world are really behind this - that would be the POTUS and Mrs. Clinton. So thank you, thank you Dr. Jones, Barry and Hillary Dennis Rodman Clinton!

I loved this book so much I told everyone about it. The problem was I spent so much time pushing air out to form speech I wasn't eating. I almost starved to death. So now I simply write comments on websites and gulp air while doing so. The great thing about Dr. Jones (now Prophet Jones) is that his name is really easy to remember. Just five letters J O N E S and there are a lot of phrases you can use to help remember it like keeping up with the Joneses or some song about a Mr. Jones and Me but that isn't the me that is me. The me in the song is a completely different me and not the me writing the review. Anyway I would like to meet Prophet Jones because I am confused about his final (R)evolutionary step. We've conquered slavery to food and are now working on conquering slavery to air and becoming completely spiritual beings. Why aren't we destroying all plant life? Don't they produce O2? Just a thought.

This was a very entertaining read. I am changing my lifestyle to include a healthy diet and have been reading a lot books and watching a lot of documentaries on the problems with the food industry. This book has given me an opportunity to laugh and contemplate at the same time!This book takes a crazy turn that you will appreciate if you enjoy political satire.Ozone Appetit!!

I found this book very entertaining. He brings you along the path in a way that makes you think, "Hey, I could do that step." Of course, any sensible person knows from the title it's a satire. But, you could try a few steps and actually get somewhere. Like anything, you have to know when to stop. LOL Thank you for the entertaining book.

Hilarious romp of a book. I laughed all the way through. It does pull out some good truths about our eating habits and that food addiction is real, but treats it with the impishness it deserves. Showing the worry and desire to be skinny to the point of death for the silliness it is.

I thought this was a total waste of time. I saw nothing really funny in it, and it reads in a way that could lead people on to really believe what he is saying. Getting it for free was still too expensive. Wish I had not wasted my precious time on it, and that the guy who recommended it to me would have better judgment when he recommends his choices.

Reviews comments are much better than the book. The author is not so funny, or may be my point of view.If you want information about inedia or breatharians, better to read:Life from Light: Is it possible to live without food? A scientist reports on his experiences - Michael Wernerorbreatharian (dot) info/just for research...

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